

Lent Prayers

Let's unite in 40 days of prayer

Our Father, at the start of Lent we ask you to help us commit this season to prayer, Amen.

Our Father, please give us your heart for those who don't yet know you, Amen.

Our Father, on this day that marks the beginning of the war in Ukraine we pray for peace and an end to war, Amen.

Our Father, we pray for families today, that you help them to have time together and time for you, Amen.

Our Father, we thank you that we are free to worship you here in the UK. We pray for our brothers and sisters in other countries without such freedom, strengthen them today, Amen.

Our Father, we pray for students in our communities and wider across the UK. We especially uplift student missions, so that young people might find you during their time studying, Amen.

Our Father, we pray for the schools in our communities today and for all those opportunities that teachers and churches get to share about you in assemblies, Amen.

Our Father, we pray for new growth and signs of hope and growth in your church as we come out of winter. Amen

Our Father, we thank you for the community gathering places, the park, the gym, the school gates and community centres. Equip your people to share you with others in all the places where we meet, Amen.

Our Father, we pray today for those who do not know you, our friends, family, neighbours and colleagues. Help us share you with them, Amen.

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Our Father, we thank you for the NHS and pray for all those who serve us and our communities in this way, Amen.

Our Father, help us to notice and draw alongside the lonely and vulnerable in our communities and for our churches to provide effective help, Amen.

Our Father, we thank you for all your people who serve in homes for the elderly. Please, give them patience and your presence today as they demonstrate your love, Amen.

Our Father, we pray for all those who work in our shops, hairdressers, barbers, and cafes, and that we will find ways to reach out to them, especially during Hope 23-24, Amen.

Our Father, we pray for cross-community church partnership today, so that we can reach out as a unified body during Hope 23-24, Amen.

Our Father, we thank you for mothers today and pray that you bless the mothers in our churches and communities, Amen.

Our Father, we pray for where you have called us to our neighbourhoods and work spaces. Show us how you want to use us in these spaces during the year of mission, Amen.

Our Father, we thank you for our families and pray that our churches will provide a familial space for the many who do not have a family or cannot be part of their family, Amen.

Our Father, we pray for the leaders of our country today. Help them to make wise and good decisions for the future of us all, Amen.

Our Father, we pray for all those in our communities who serve us on public transport we pray that you will bless them today, Amen.

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Our Father, we thank you for farmers and all who work the land, your creation, so that it may continue to provide for us, Amen.

Our Father, we thank you for rest and for the Sabbath. May we learn good rhythms and how to take rest that restores souls and bodies, Amen.

Our Father, we pray for all our streets today. Help us to take the time to pray as we walk in our communities this week, Amen.

Our Father, we thank you for springtime and for the opportunities we have to go outside and spend time with others. Help us plan for Hope 23-24 outside events, Amen.

Our Father, thank you for food banks and community groceries which help meet the needs of people in our communities with dignity. Help us to share what we have with each other, Amen.

Our Father, we pray for those who are bereaved at this time and ask that people will reach out to you during the difficult moments, Amen.

Our Father, thank you for the technology that connects us. Help us to better use this technology to share about you, especially during the year of Hope, Amen.

Our Father, as the clocks move forward an hour, help your church to spring forward with renewed energy and invite everyone everywhere to come to know you, Amen.

Our Father, we pray today for everyone in positions of leadership, whether at the national or local level; raise up leaders who stand for truth, integrity and justice, Amen.

Our Father, we thank you for the shared green spaces in our community. Help us steward them well and help your church find creative ways to use them for mission, Amen.

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Our Father, thank you for our churches where we can worship together and serve together, strengthen us together for mission, Amen.

Our Father, we pray for all the schools and colleges finishing for the Easter break today. Give people time to think about Easter and the hope we have in the resurrection, Amen.

Our Father, help us to live with eternity always in our vision, a constant inspiration for our mission, Amen.

Our Father, today we welcome you as King as the crowds welcomed Jesus on the first Palm Sunday. May our welcome endure as we invite you to be king of our lives, Amen.

Our Father, on this first day of Holy Week, help us to be intentional and reverently follow the journey of Jesus from his entrance into Jerusalem, to the cross and to the empty tomb, even beyond this week, Amen.

Our Father, thank you for the communities that you have planted us in. Help us to live as beacons of good news in and with our communities, Amen.

Our Father, we pray for our friends and family who don't know you yet. Help us lead them one step closer to you this Easter, Amen.

Our Father, we thank you today for your love and loyalty to us, even when all those around you betrayed you. Help us to follow you whatever the consequences, Amen.

Our Father, thank you that you died for us. Help us share the good news of your death and resurrection this Easter, Amen.

Our Father, give us your hope for our lives, your hope for our churches, and your hope for our communities that all might discover the joy of resurrection, Amen.