

# PRAYER



## Prayer Instruction sheet

Pause here for a while

What do you HOPE for?

What do you want to change?

Tell God about this.

Either:

- Write down your hopes on a prayer card with your own pen or, wearing a disposable glove, use one of the pens provided to leave your prayer at the prayer wall
- Write your hopes on your mobile phone in your notes section and take a prayer card to fill in at home.
- Think about what you HOPE for and take a card to read at home

Take home half or all your prayer card.

God has heard your prayer of HOPE.

