



Hello, if you are self-isolating we'd love to help.

.....  
has a helpline. Tel: .....

You can call for a friendly chat or to ask us to arrange for a named person who can collect urgent supplies, post mail or pick up shopping for you.

We are aware that Coronavirus is contagious and every precaution has been taken to ensure we are spreading only kindness.

God is our refuge and strength, an ever-present help in trouble. Therefore we will not fear

**Psalm 46:1-2**



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