

# REST

HOPE SPACES

*Deep and silent and cool as a broad, still tree-shaded river*

*Is the peace of your presence God.*

*You bring rest, from the thousand problems of our busy life,*

*We stop and plunge into your peace.*

*God you draw us into quiet places,*

*Here no noise and worry can disturb the perfect contentment  
that only you can bring.*

*You are like a good home, a place of refuge.*

*You make us safe and bring us peace.*

*When we leave here and go back into the busy world you are still  
with us*

*We can at any moment remember that you are there,*

*Your peace, presence and love surrounding us.*

*That same peace, presence, and love we experience now is on  
offer for all eternity if we follow you.*

Adapted from a poem by John S Hoyland (1887-1957)

